

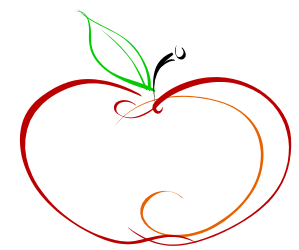


Arrowhead Senior Nutrition

May 2025

www.aeoa.org

Virginia Office: 1-800-662-5711, ext. 6899 or (218) 735-6899



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Fresh Chef Salad* Crisp Grapes Cornbread	2 Chicken Dressing Bake Peas and Carrots Cherry Jell-O
5 Crispy Chicken Sandwich Mixed Vegetables Fruited Jell-O	6 Spaghetti & Meat Sauce Green Salad Strawberry Shortcake	7 Twist 'N' Shout Party Taco Twist Hotdish Tortilla Chips Orange Slices Churro Bites	8 Glazed Pork Loin Mashed Potatoes Glazed Carrots Vanilla Pudding	9 Tuna Pasta Salad Mandarin Oranges Chocolate Chip Cookie
12 Cheeseburger on a Bun Potato Wedges Fresh Jazz Apple Rice Krispie Treat	13 Chicken Drumsticks Cucumber Radish Salad Au Gratin Potatoes Cornbread Frosted Cake	14 Homemade Meatloaf Baked Potato Peas Chocolate Brownie	15 Bruschetta Chicken Seasoned Broccoli Sugar Cookie	16 Cook's Choice Contact Your Local Kitchen
19 Tuna Salad Sandwich Cucumber Salad Mandarin Oranges Chocolate Chip Cookie	20 Italian Pasta Salad With Chicken Crisp Grapes Sparkling Orange Jell-O	21 Hamburger Gravy Mashed Potatoes Dill Carrots Frosted Cake	22 Chicken Hashbrown Bake Herbed Green Beans Sliced Peaches	23 Savory Chili Cornbread Cinnamon Apples Rice Krispie Treat
26 Memorial Day Kitchen Closed	27 Crispy Chicken Strips Baked Potato Cooked Beets Cornbread Rice Krispie Treat	28 Homestyle Goulash Green Salad Chocolate Brownie	29 BBQ Chicken Breast Peas and Carrots Mashed Potatoes Saucy 7 Jell-O	30 Crunchy Taco Salad Churro Bites

- **Alternate** entrees are available on days indicated with a *. Please call in your request 24 hours in advance.
- Frozen Meals are available for weekends.
- Registered customers are offered the meal service for a \$4.50 contribution; customers under age 60 are charged \$9.00.
- Menus are subject to change without notice. If you have any questions, please check with the offices noted above or your local dining site.
- Thank you for your patronage!

AEOA is a private, non-profit, non-governmental agency.